

Sunday 8th March 2026 – Carlisle Trendsetters Guide

Trendsetters Guide Previous race trends (2016-25) can often help provide a shortlist of potential winners in the current year's races. Hopefully these brief pointers will assist racegoers at Carlisle today. The figure in brackets after the race details is the favourite's strike rate for the race. Trainers who have won the race before and have an intended runner at the final declaration stage are also highlighted. In handicap races, horses that have won before of the same/higher rating are highlighted as 'well handicapped' – racecard numbers only are given.

In the last five years some key statistics are:

Leading jockey – B Hughes 42 wins from 240 rides.

Leading trainer – D McCain 37 wins from 178 runners.

2.20 – 2m 1f Hurdle (4yo): New race in 2024. Both winners to date had won on their debuts under NH rules and were either 1st/2nd favourites. Trainer to watch: Lucinda Russell & Michael Scudamore (1 win).

2.50 – 3m + Veterans Handicap Chase: New race in 2026. Well handicapped: 1-2-3-4.

3.20 - 2m 1f Novices' Hurdle (Fav 30%): New race in 2020 with 4/5 winners to date being very well backed at odds of 9/4 or shorter – with last year an 18/1 winner. All had last run 23-47 days earlier with all also finishing 3rd or better in their last completed race. Trainers to watch: D McCain (2 wins).

3.50 - 2m 5f Novices' Handicap Chase (11%): Only one winning favourite and two winning 2nd favourites seen to date with longest winner's odds being 10/1. Since 2016 the highest weight carried by a winner in this race was 11st 9lbs. Trainers to watch: D McCain (1 win).

4.25 - 3m+ Handicap Chase: New race in 2024. Both winners had odds of 13/2 to 15/2. Well handicapped: 1-2-7.

5.00 – 2m 1f (Mares) Handicap Hurdle: New race in 2025 with last year's winner *Lady Babs* dropped 1lb in the handicap since her win. Trainer to watch: A Crook (1 win). Well handicapped: 1-2.

5.35 – 2m 5f Hunter Chase: New race in 2025.

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Carlisle trends information is also available at www.northernracingclub.com



