

CARLISLE TRENDSETTERS GUIDE – MONDAY 16TH FEBRUARY

Trendsetters Guide Previous race trends (2016-25) can often help provide a shortlist of potential winners in the current year's races. Hopefully these brief pointers will assist racegoers at Carlisle today. The figure in brackets after the race details is the favourite's strike rate for the race. Trainers who have won the race before and have an intended runner at the final declaration stage are also highlighted. In handicap races, horses that have won before of the same/higher rating are highlighted as 'well handicapped' with racecard numbers only given.

In the last five years some key statistics are:

Leading jockey – B Hughes 38 wins from 216 rides.

Leading trainer – D McCain 32 wins from 181 runners.

1.05 – 2m 1f Novices' Hurdle: New race in 2025. Trainer to watch: D McCain (1 win).

1.35 – 2m H/cap Chase: New race in 2026. Well handicapped: 4 & 7.

2.05 – 2m 3f Maiden Hurdle: New race in 2025. Trainer to watch: D McCain (1 win).

2.50 – 3m+ Handicap Chase (33%): 8/9 winners had odds of 11/2 or shorter. Trainer to watch: N Richards (1 win). Well handicapped: 5.

3.05 – 2m 3f (Conditional Jockeys) Novices' Limited H/cap Hurdle: New race in 2025.

3.35 – 2m 1f H/cap Hurdle: New race in 2026. Well handicapped: 7 11 & 12.

4.05 - 2m 4f Handicap Chase (27%): The last nine winners all finished 6th or better on their last *completed* run. Longest winner's odds seen since 2016 were 28/1 & 18/1 (both trained by M Hammond) although 7/9 winners had odds of 9/1 or shorter. Trainers To Watch: M Hammond (2 wins); Mrs S J Smith (1 win). Well handicapped: 1 & 2.

4.35 – 3m 1f (Mares) H/cap Hurdle: New race in 2026.

Carlisle trends information is also available at www.northernracingclub.com – then click on the Carlisle Trends tab

© Phil Evans 2026



