

Sunday March 22rd – Carlisle Trendsetters Guide

Previous race trends (2016-25) can often help provide a shortlist of potential winners in the current year's races. The favourite's win ratio is shown in brackets after the race details. Trainers who have won the race before are also highlighted if they had an entry at the 5-day declaration stage.

In handicap races, horses that have won off the same/higher ratings are flagged as 'well handicapped'. Racecard numbers only.

1.45 – 2m 1f Novices' Hurdle: New race in 2025.

2.15 – 2m 3f+ H/cap Hurdle: New race in 2026. Well handicapped: 8-9-10.

2.45 – 2m 1f Handicap Hurdle: New race in 2025. Well handicapped: 5-8-10-12.

3.17 – 2m Handicap Chase (20%): New race in 2021. All winners to date were 5th or better LTO (12-56 days earlier) and carried a weight of 10st 2lbs to 10st 8lbs. Last year's winner *Raffles Wonder* again holds an entry and is 2lbs higher in the handicap ratings since last year. Trainers to watch: Rebecca Menzies (2 wins); M Hammond, S Coltherd (1 win each). Well handicapped: 10.

3.52 – 3m+ Handicap Chase (20%): New race in 2021. All winners to date were 4th or better LTO. (12-32 days earlier) and aged 7-9yo. In the betting four had odds of 15/2 or shorter with the other a 16/1 shot. Four of the five past winners carried a weight of 11st 6lbs to 11st 10lbs. Trainer to watch: Sam England. Well handicapped: 9-10-13-14.

4.27 – 2m 4f Handicap Chase (20%): New race in 2021 with female trainers taking home the spoils each time! All winners to date were 5th or better on their last completed race. Four of the five past winner's weights were 10st to 10st 9lbs. All five past winners were aged 7-9yo. Two past winners again hold entries in 2026. *Hello Judge (2025)* is now 13lbs higher in the handicap ratings whilst *William Of York (2024)* is now 8lbs lower in the ratings. Trainers to watch: Lucinda Russell, Ann Hamilton & Rebecca Menzies (1 win each). Well handicapped: 3-4-6.

5.02 – 2m 1f NH Flat Race (70%): New race in 2019. All past winners were aged 5yo and started as 1st/2nd favourites.

Information supplied by www.northernracingclub.com

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